

RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – DECEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENIOR CENTER HOURS OF OPERATION: Mondays: 7:30 a.m.–5:00 p.m. Tues-Fri: 8:30 a.m.–5:00 p.m.	8:45 RED HOT CHILI STEPPERS 1 WALKING CLUB 9-11 Silver Threads & Needles 9-11 COMPUTER ASSISTANCE w/ SANDRA BOYD 10:00 Yoga 10:30 SPECIAL MUSICAL PROGRAM: ANDY CILONE CHRISTMAS MUSIC 1:00 Table Tennis 1:00 B-I-N-G-O	8:30 Wednesday Walk 2 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 CHRISTMAS CARDS & COCOA 11:15 CHAIR EXERCISE 12:30 Oil Art Group	9-11 Silver Threads & Needles 3 10:30 SPECIAL MUSICAL PROGRAM: “THE RIVER ROAD” 12:00 – 4:00 Bridge 12:30 JUST DANCE 12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE 4:00 SQUARE DANCE	8:00 CHRISTMAS SHOPPING TRIP - CONCORD MILLS 4 8:45 Aerobics 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 1:00 Table Tennis
	8:45 Aerobics 7 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 10:30 SPECIAL MUSICAL PROGRAM: MT VERNON RUTH - KINDERGARTEN CLASS	8:30 Wednesday Walk 9 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 10:30 SPECIAL MUSICAL PROGRAM: CHASE HIGH JAZZ BAND 12:30 Oil Art Group	9-11 Silver Threads & Needles 10 10:30 SPECIAL MUSICAL PROGRAM: BURNS MIDDLE SCHOOL CHORUS 12:00 – 4:00 Bridge 12:30 JUST DANCE 12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE 4:00 SQUARE DANCE	8:45 Aerobics 11 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 10:30 SPECIAL MUSICAL PROGRAM: ELLENBORO ELEMENTARY – KINDERGARTEN CLASS 1:00 Table Tennis
	8:45 Aerobics 14 9:00 SilverStriders 9-11 BLOOD PRESSURE CHECK 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 10:30 RED HOT CHILISTEPPERS WALKING CLUB MEETING 6:00 ZUMBA *Note NEW Time*	8:30 Wednesday Walk 16 8:45 Aerobics 9-11 Silver Threads & Needles 9:30 CHRISTMAS TEA PARTY 10:00 Line Dancing 10:00 PEN PAL CHRISTMAS PARTY 12:30 Oil Art Group	9-11 Silver Threads & Needles 17 10:30 SPECIAL MUSICAL PROGRAM: CHASE MIDDLE SCHOOL CHORUS 12:00 – 4:00 Bridge 12:30 JUST DANCE 12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE 2:30 CHRISTMAS RECEPTION 4:00 SQUARE DANCE	8:45 Aerobics 18 9:00 SilverStriders 9-11 Silver Threads & Needles 9:45 SENIOR SHINERS VISIT OAK GROVE 10:00 Fellowship & Singing 1:00 Table Tennis
	8:45 Aerobics 21 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 9:30 RECIPE CLUB *note time change 10:30 SPECIAL MUSICAL PROGRAM: CRESTVIEW BAPTIST CHURCH CHILDREN’S CHOIR	8:30 Wednesday Walk 23 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 12:30 Oil Art Group	<div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> CENTER CLOSED 24 <div style="border: 1px dashed black; padding: 10px; text-align: center;"> <i>We Wish You a Merry Christmas... and a Happy New Year!</i> </div> </div> <div style="width: 48%;"> CENTER CLOSED 25 </div> </div>	
8:45 Aerobics 28 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles 11:15 CHAIR EXERCISE 6:00 ZUMBA *Note NEW Time*	8:45 RED HOT CHILI STEPPERS 29 WALKING CLUB 9-11 Silver Threads & Needles 10:00 Yoga CANCELLED 10:30 SPECIAL MUSICAL PROGRAM: LIBERTY BAPTIST CHURCH CHILDREN’S HANDBELL CHOIR 1:00 Table Tennis	8:30 Wednesday Walk 30 8:45 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 11:00 UGLY SWEATER CONTEST & PARADE 12:30 Oil Art Group	9-11 Silver Threads & Needles 31 11:15 BIRTHDAY RECOGNITION 12:00 – 4:00 Bridge 12:30 JUST DANCE 12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE 4:00 SQUARE DANCE	If you have questions about the Center or would like to make an appointment with a certified SHIP counselor call 287-6409

DAILY DROP-IN EVENTS: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles

ALSO AVAILABLE: Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Transit Stop

COMING IN JANUARY: WINTER CRAFT SALE; SERIES OF CLASSES ON DE-CLUTTERING & GETTING ORGANIZED TAUGHT BY JANE ARMSTRONG;
 “LIVING WITH DIABETES” – A SIX WEEK SERIES OF CLASSES